

“Our health is our future”



LET'S BUTT OUT TOGETHER!

Smoking is now banned from all training and game days for the Mornington Peninsula Junior Football League.

Through creating smoke free environments, the League will:

- provide the children and young people with a healthy, smoke-free environment in which to play
- reduce exposure to the harmful effects of second-hand smoke to all
- reduce the social norm of smoking so that children don't see it as something they should do when they are adults
- support people who smoke to quit and stay quit

Peninsula Health has Quit Smoking Support Services at Frankston, Rosebud, Mornington and Hastings - call 1300 665 781.

Other support: call Quitline 13 78 48 or visit <http://www.quit.org.au/>

Thank you for supporting our league in providing a healthy environment for our players, their families and volunteers.

Do you have a question? Contact Mornington Peninsula Junior Football League directly on: 5979 4194

