

THE ARTS
wellbeing
COLLECTIVE



Arts
Centre
Melbourne

CREATIVE VICTORIA



ARTS ASSIST

artswellbeingcollective.com.au

Free Mindfulness Sessions

4 to 31 July | Arts Centre Melbourne

Creative People Management Masterclass

6 & 13 July | Arts Centre Melbourne

Centre Stage: Identity in the Performing Arts

2 August | Arts Centre Melbourne

The Arts Wellbeing Collective Roadshow

7 August | Geelong Performing Arts Centre

8 August | The Lighthouse Theatre Warrnambool

9 August | Horsham Town Hall

Company: Healthy, Creative Communities

23 August | Arts Centre Melbourne

The Arts Wellbeing Collective Roadshow

29 August | Capital Venues Bendigo

30 August | Wangaratta Performing Arts Centre

31 August | Forge Theatre and Arts Hub Bairnsdale

The Arts Wellbeing Collective Expo

11 October | Arts Centre Melbourne

Find out more and register
artswellbeingcollective.com.au

**Attendance is free for all employees of Arts
Wellbeing Collective member organisations.**

The Arts Wellbeing Collective is an Arts Centre Melbourne initiative, delivered in partnership with Entertainment Assist and comprises a consortium of Victorian arts and cultural organisations whose shared vision is to effect better mental health and wellbeing for performing arts workers.



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